GROWTH MINDSET

POCKET PEDAGOGY

WHAT IS IT?

Growth Mindset theory seeks to make learners more resilient by developing positive attitudes to failure and struggle.

The theory developed by Carol Dweck sets out two primary mindsets: fixed and growth.

A fixed mindset sees intelligence and ability as fixed, and will therefore avoid challenges.

A growth mindset sees intelligence as something that can grow and sees failure and obstacles as goals to be overcome.

GO TEAM!

2 Stars
....and a wish

WHY IS IT USEFUL?

People who believe that intelligence is changeable are much more likely to persist in the face of failure and embrace challenges.

WHAT DOES IT REALLY LOOK LIKE?

- Explain to children that lessons are about learning and not performing - mistakes are all part of the process.
- Change children's language. Instead of saying, "I can't do it", get them to say, "I want to get better at this!"
- Celebrate effort as much as you celebrate correct answers.